

Monday, November 26th

- ▶ Go over the vitamin review questions and Increasing and Decreasing recipes
- ▶ Video: Crash Course On Calcium
- ▶ Complete the vitamin/mineral study guide.
- ▶ Folders will be checked tomorrow make sure it is ready and turned in. 😊
- ▶ **Fill in your agenda with:**
- ▶ Finish Vitamin review questions and Increasing and Decreasing recipes and go over.
- ▶ Video: Crash Course On Calcium
- ▶ Complete vitamin/mineral study guide
- ▶ Folder check tomorrow.

Tuesday, November 27th

- ▶ Make sure your folders are in order I'm collecting 4th hour today and 5th hour tomorrow.
- ▶ Go over Vitamin/Mineral study guide
- ▶ Pass out Milk handouts and discuss
- ▶ *Vitamin Crossword Puzzle (25 pts)*
- ▶ Fill in agenda with:
- ▶ Turn in folders 4th hour only today!
- ▶ Discuss Vitamin/Mineral study guide
- ▶ Milk Handouts
- ▶ Vitamin X word

Wednesday, November 28th

- ▶ Today we begin Day 1 of our Macaroni and Cheese Lab
- ▶ Prepare macaroni and put in the refrigerator.
- ▶ **Fill in agenda with:**
- ▶ Day 1 - Prepare Mac and Cheese to go in the fridge
- ▶ Put sticky note on container of your group # and hour

Thursday, November 29th

- ▶ Day 2 - Enjoy eating Mac and Cheese today!
- ▶ Fill out evaluations
- ▶ Clean kitchens thoroughly.
- ▶ **Fill in agenda with:**
- ▶ Day 2 - Enjoy Mac and Cheese
- ▶ Study for Vitamin/Mineral Quiz *tomorrow!*

Friday, November 30th

- ▶ Take the Vitamins/Minerals Quiz
- ▶ Finish Vitamin X-word puzzle
- ▶ Work on healthy bones word search
- ▶ Turn in folders today 5th hour
- ▶ **Fill in your agenda with:**
 - ▶ Vitamins/Minerals Quiz
 - ▶ Complete Vitamin X-Word puzzle
 - ▶ Turn in folders 5th hour